

For young children, parents, and parenting guidance professionals

An All-in-One Book focusing on a issue that frustrates parents and young children: getting toilet-trained for peepee and for poop.

Annye Rothenberg, Ph.D., noted parenting psychologist and adjunct faculty, Pediatrics, at Stanford University School of Medicine, has written the fourth in a series of books for young children and their parents. **"I Don't Want To Go To The Toilet"** includes two stories for children who are uninterested, reluctant, or fearful of using the toilet. The first story helps children become interested and successful going peepee in the toilet and the second story enables preschoolers to overcome their resistance and fears about having to poop in the toilet. As in Dr. Rothenberg's previous books, there is a parenting guide. In this book, the guide teaches the complete process of toilet training and how to resolve each problematic issue. The other books in this series are **"Mommy and Daddy Are Always Supposed to Say Yes ... Aren't They?"** **"Why Do I Have To?"** and **"I Like To Eat Treats"**

These award-winning, reliable, friendly, and very practical books will save you from having to read a mountain of other parenting books!



★ **"This valuable book sets the stage for cooperation** between kids and parents through its engaging stories. The parent's section **provides a treasure trove of advice** for what to expect, what to say, and **how to make toileting more fun and more likely to succeed.**"

—Mary Ann Carmack, M.D., Ph.D.; Chair, Pediatrics Department, Palo Alto Medical Foundation, Palo Alto, CA

★ **"Dr. Rothenberg skillfully provides effective and creative parenting tools** to successfully toilet-train. **The children's stories were fascinating to our four-year-old**, and the whole book was instrumental in training him."

—Alissa Kempton, Family Law Attorney, and parent of two young children

★ **"The content of the stories for children and the superb advice for parents** in this all-in-one book provides a comprehensive approach to **dealing effectively and positively** with what can be a daunting task."

—Brenda Roberts, Owner, and Elisa Barrett, Director, The Roberts School, Menlo Park, CA

★ **"Dr. Rothenberg's outstanding book** on the toileting process will motivate young children's success while providing them with the necessary reassurance. **This thoughtful and empathetic book will be of much help to young children and their parents.**"

—Elizabeth A. Herb, M.D; Child Psychiatrist, Palo Alto, CA, and Clinical Associate Professor Emerita, Department of Psychiatry, Stanford University School of Medicine

I Don't Want To Go To The Toilet

has two stories for children

Number 1— Going Peepee. Katie's parents say it's time to start going peepee in the toilet, but Katie doesn't want to stop playing. She has lots of accidents. With guidance from her parents, Katie starts to see the advantages and decides she will go peepee every time in the toilet.

Number 2— Going Poop. Ben doesn't like pooping in the toilet. He doesn't like the way his poop feels coming out. He figures that he can tighten his bottom and never have a poop again. But when it has to come out, he gets scared. His parents help him become brave enough to overcome his reluctance and be successful.

and includes a manual for parents

Expert and insightful guidance on when and how to toilet-train your preschooler. Explains what is the child's view of toilet training. Learn the most age-appropriate tools to motivate youngsters who are uninterested, reluctant, and fearful. Specific advice shows parents how to help children with frequent peeing accidents and children who are resistant to pooping in the toilet. This manual will clear up conflicting advice, provide useful insights, and teach you the skills to guide reluctant youngsters toward toileting success.



All four books, **"I Don't Want To Go To The Toilet,"** **"I Like To Eat Treats,"** **"Mommy and Daddy..."** and **"Why Do I Have To?"**

are available directly from the publisher

• www.PerfectingParentingPress.com • call (810)388-9500
• fax (810)388-9502 • mail 35 Ash Drive, Kimball, MI 48074

These four books are also available from www.Amazon.com

ISBN 978-0-9790420-3-4

Full-color illustrated

8" x 10" • 48 Pages

\$9.95 • Quality Paperback

Publication date March 2011